

MySling+[®]

Lasting Disposable Slings

Instructions for Use

General Information

This sling is designed to be used in conjunction with a mechanical patient lifting device for the safe lifting and repositioning of the patient. The sling should be positioned around the patient in accordance with the instructions overleaf and attached to the slingbar of the hoist in accordance with the hoist manufacturer's instructions.

This is a patient specific product and should not be machine washed, recycled or redistributed.

MySling Plus slings are 100% breathable and can be left under the patient.

Prior to each use

- Check patient does not exceed either the maximum load of sling or the maximum load of the hoisting equipment.
- Check date of first use and replace if in use for more than 6 months.
- Check wash indicator and dispose of sling if it has been machine washed.
- Check that lifting equipment is fitted with suitable fixing points for the type of sling (see compatibility section)
- Visually inspect all parts of the sling including fabric, seams, stitching and webbing straps. Dispose of the sling if there is any sign of damage or excessive wear.



Do not use any sling showing signs of damage or excessive wear.

Safe Working Load

MySling Plus Patient Specific Slings are approved for a load of up to 300kg and up to 500kg for XXL sizes.



Check the maximum load of both the hoist and the sling and ensure the lower of the two limits is not exceeded.

Compatibility



A full risk assessment must be carried out by a suitably qualified individual before any sling is selected to ensure safety for both patient and carer.

Slings fitted with looped webbing attachments are compatible with all 2, 4 or 6 point, loop and hook sling bar lifting systems, subject to a risk assessment.

Wash Indicator

MySling Plus Patient Specific Slings are designed to be reused with the same patient. They are safe to use in a bathroom, shower or toileting environment and are safe to use when wet. They can be spot cleaned, however they must not be reused after machine washing.

The wash indicator will indicate if the sling has been machine washed as follows:

Prior to machine washing:

After machine washing:



Do not use this sling after it has been machine washed

The sling fabric is made from 70% polyester and 30% viscose. Webbing straps are 100% polypropylene.

Expected Lifetime

This sling can be used as long as it does not display any signs of wear or damage prior to each use, however we recommend that you replace the sling after 6 months of use.

Sling fitting

See reverse of this sheet for general fitting instructions



These instructions are intended as a general guide only. The requirements of individual sling users should be assessed by a competent and qualified individual.

Fitting Guide

This guide is in relation to the following types of sling:
MySling Plus Universal Slings.

A risk assessment must be done prior to using the above slings.

Please see the MySling product brochure for full details of sling sizing, colour coding and product codes.

1. Fit the sling by placing it down behind the patient with the labels and handles away from the patient.
2. Ensure that the commode aperture reaches just below the coccyx.
3. Leave the back of the sling at low level, don't bring up to shoulder level at this stage.
4. Bring the leg sections along each side to the front ensuring that they are fitted under the sides of the thigh.
5. Check that both leg sections are at equal length to the front of the patient.
6. Feed each leg section under the leg and between the thighs, keeping the material flat.
7. Cross one leg strap through the lower loop of the other strap.
8. Bring up the back of the sling that was left at lower level without pulling it out from under the coccyx. Arms should be kept on the **inside** of the sling except when fitting a sit-to-stand sling when arms should remain on the outside of the sling.
9. Attach the loops onto the hanger (spreader) bar. The appropriate, colour coded loops for the patient should be selected according to guidance provided by a qualified M&H professional.

Care Plan

Patient name _____
Sling model _____
Sling size _____
Loop - shoulder _____
Loop - legs _____

Sizing Chart

These patient measurements should be used as a rough guide to facilitate the initial selection of a sling and should be followed up with a full assessment of the sling's suitability.

Size	Width at hips
XXS	under 23 cm
XS	23 cm – 33 cm
S	33 cm – 41 cm
M	41 cm – 53 cm
L	53 cm – 60 cm
XL	60 cm – 66 cm
XXL	over 66 cm