

Instructions for Use

General Information

This sling is designed to be used in conjunction with a mechanical patient lifting device for the safe lifting and repositioning of the patient. The sling should be positioned around the patient in accordance with the instructions overleaf and attached to the slingbar of the hoist in accordance with the hoist manufacturer's instructions.

This product may be machine washed in accordance with the washing instructions indicated on the label.

Available slings styles include Universal, Universal with head support, Hygiene and Sit-to-stand.

Safe Working Load

These slings are approved for a load of up to 300kg and up to 500kg for XXL sizes.



Check the maximum load of both the hoist and the sling and ensure the lower of the two limits is not exceeded.

Compatibility



A full risk assessment must be carried out by a suitably qualified individual before any sling is selected to ensure safety for both patient and carer.

Slings fitted with looped webbing attachments are compatible with all 2, 4 or 6 point, loop and hook sling bar lifting systems, subject to a risk assessment.

Prior to each use

- Check patient does not exceed either the maximum load of sling or the maximum load of the hoisting equipment.
- Check that lifting equipment is fitted with suitable fixing points for the type of sling (see compatibility section)
- Visually inspect all parts of the sling including fabric, seams, stitching, webbing straps and clips. Dispose of the sling if there is any sign of damage or excessive wear.



Do not use any sling showing signs of damage or excessive wear.

Sling fitting

See reverse of this sheet for general fitting instructions



These instructions are intended as a general guide only. The requirements of individual sling users should be assessed by a competent and qualified individual.

Fitting Guide

This guide is in relation to the following types of sling:

Universal, Universal with head support, Hygiene and Sit-to-stand with looped attachments.

A risk assessment must be done prior to using the above slings.

Please see the product brochure for full details of sling sizing, colour coding and product codes.

1. Fit the sling by placing it down behind the patient with the labels and handles away from the patient.
2. Ensure that the commode aperture reaches just below the coccyx.
3. Leave the back of the sling at low level, don't bring up to shoulder level at this stage.
4. Bring the leg sections along each side to the front ensuring that they are fitted under the sides of the thigh.
5. Check that both leg sections are at equal length to the front of the patient.
6. Feed each leg section under the leg and between the thighs, keeping the material flat.
7. **(Universal slings with and without head support)**
Cross one leg strap through the lower loop of the other strap.
8. Bring up the back of the sling that was left at lower level without pulling it out from under the coccyx. Arms should be kept on the **inside** of the sling except when fitting a sit-to-stand sling when arms should remain on the outside of the sling.
9. Attach the loops onto the hanger (spreader) bar. The appropriate, colour coded loops for the patient should be selected according to guidance provided by a qualified moving and handling professional.
10. **(Hygiene Slings)**
 - a. Fit the sling as in step 1.
 - b. Bring the sides of the sling around and under the arms keeping the arms on the **outside** of the sling
 - c. Feed the leg sections under the leg and between the thighs and cross them over through the lower loop of the other strap.
 - d. **WARNING: this sling is not suitable for all patients. Risk assessment required.**

Sit to Stand Slings

Note: These slings also have an additional loop attachment on the side of the fabric for use with the Arjo loop and lock system.

Care of the product

Refer to the product label

Avoid tumble drying to prolong the life of the sling



The sling fabric is made from 100% polyester. Webbing straps are 100% polypropylene.

Laundering

GENERAL.

Taking care when laundering slings will extend the service life of the product. Not following the laundering guidelines outlined, will reduce the service life and possibly affect the strength and integrity of the sling.

When laundering **avoid** bleach at washing, particularly hypochlorite as this may cause structural damage.

Overheating the sling (temperatures in excess of 100°C may cause extreme shrinkage and structural damage).

We do not recommend the use of non-biological detergents (they contain bleaching agents that will be harmful to the strength of the sling).

We do not recommend using fabric conditioners.

GENERAL SOILING.

The sling should be laundered with soap or detergent at 50°C on a standard domestic cycle.

DISINFECTION.

The sling should be laundered to ensure a 'period at temperature' of:
10 minutes at 65°C and 3 minutes at 72°C.

Following NHS guidelines, extra time should be added to ensure thorough mixing of hot water through the wash load. It may be that available equipment does not allow the required level of temperature control. The sling may be washed on a 90°C wash cycle, though it is likely that some moderate shrinkage and/or colour bleed will occur.

DRYING.

Slings should be air dried, and will dry quickly in a warm room, **do not** place slings over radiators or convectors. Slings will air dry quite quickly in a warm room.

Slings can be tumble dried on a cool and short setting (60°C), ensuring the sling is checked at 5 minute intervals.

Do not allow the sling to overheat.

The service life of our slings will exceed 5 years if the guidelines are adhered to.

Lisclare Slings have a manufacturers guarantee of 12 months.

Care Plan

Patient name _____

Sling model _____

Sling size _____

Loop - shoulder _____

Loop - legs _____

Sizing Chart

These patient measurements should be used as a rough guide to facilitate the initial selection of a sling and should be followed up with a full assessment of the sling's suitability.

Size	Coccyx to top of head	Width at hips
XS	54cm - 60cm	23cm – 30 cm
S	60cm - 70cm	33cm – 38 cm
M	70cm - 84cm	41cm – 46 cm
L	84cm - 96cm	48cm – 56 cm
XL	96cm - 108cm	56cm – 66 cm

Expected Lifetime

This sling can be used as long as it does not display any signs of wear or damage prior to each use.



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B2014-002